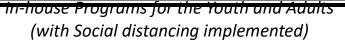
## **Aquatics Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 <b>ADULT OPEN</b> <b>SWIM</b> 18+	12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 <b>ADULT OPEN</b> <b>SWIM</b> 18+	12:00—1:00 <b>ADULT OPEN</b> <b>SWIM</b> 18 +	12:00—1:00 <b>ADULT SWIM</b> <b>OPEN</b> 18+	10:00-12:00 ADULT SWIM 18 AND UP
1:00 —2:00 ADULT SWIM 8-17	1:00 —2:00 <b>ADULT SWIM</b> 8-17	1:00 —2:00 ADULT SWIM 8-17	1:00 —2:00 <b>ADULT SWIM</b> 8-17	1:00 —2:00 <b>ADULT SWIM</b> 8-17	12:00-1:00 YOUTH SWIM
2:00-3:00 <b>ADULT SWIM</b> 8-17	2:00-3:00 <b>ADULT SWIM</b> 8-17	2:00-2:45 <b>ADULT SWIM</b> 8-17	2:00-2:45 <b>ADULT SWIM</b> 8-17	2:00-2:45 <b>ADULT SWIM</b> 8-17	1:00-2:0 YOUTH SWI
3:00— 3:45pm Youth Open Swim 8-17 (8max)	3:00— 3:45pm Youth Open Swim 8-17 (8max)	3:00— 3:45pm Youth Open Swim 8-17 (8max)	3:00— 3:45pm Youth Open Swim 8-17 (8max)	3:00— 3:45pm Youth Open Swim 8-17 (8max)	2:00- 3:00 YOUTH SWI
4:00—4:45 SWIM TEAM PRACTICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRAC- TICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRACTICE	3:30—4:3 FAMILY SW
5:00-5:45 SWIM TEAM PRACTICE	5:00-5:45 Adult Open (8max)	5:00-5:45 SWIM TEAM PRAC- TICE	5:00-5:45 Adult Open (8max)	5:00-5:45 SWIM TEAM PRACTICE	4;30-5;3 FAMILY SW
6:00-7:30 <b>Adult Swim</b>	6:00-7:30 <b>Adult Swim</b>	6:00-7:30 <b>Adult Swim</b>	6:00-7:30 <b>Adult Swim</b>	6:00-7:30 <b>FAMILY OPEN</b>	
	ad supervised in the	must be accompanied an	rs old and 4 feet tall	All children under 7 yea <b>Sim</b>	



ProgramDaysTimeAgesYoga BasicsTuesday/Thursday6:00—7:00 p.m.AdultsLine Dance ClassesMonday5:30p.m.—7:00 p.m.AdultsHOT SPOT AVAILABILITY Mon-Fri4:00-7:00 pmopen to all agesDance in the community Wednesdays5:00-7:00



5:00pm-6:30 pm a 4:00pm-7:30 pm 12:00pm-7:30 pm FLAG FOOTBALL MON & THU ages 9-13 &14-17 Monday-Friday ages 8 & up Boxing Weight room Monday-Friday ages 18+ Technology Room HOT and COLD meals 3:00- 6:00pm ages 8-17 3:00- 4:00PM & 12-1pm age 8-17 Monday-Friday Monday-Friday & Sat Tuesday & Thursday 4:30-6:30 volleyball ages 8-17

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 Basketball Skill/ Drills Adult	12:00—1:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	12:00—1:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	12:00—1:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	12:00—1:00 Basketball Skill/ Drills Adult	930am- 11am P.A.L BAS- KETBALL
1:00—2:00 Basketball Skill/ Drills Adult	1:00—3:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	1:00—2:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	1:00—3:00 Basketball Skill/ Drills Adult	1:00—2:00 <b>Basketball Skill/</b> <b>Drills</b> Adult	12:00-2:00 21 and up mens leauge
2:00—3:00 Basketball Skills/ Drills adult	3:00—4:15 Basketball Skills/Drills (youth)	2:00—3:00 Basketball Skills/ Drills adult	3:00—4:15 Basketball Skills/ Drills (youth)	2:00—3:00 Basketball Skills/ Drills adult	2:00-5:00 21 and up mens league
3:00- 4:00 Basketball Skills/ Drills (youth)	4:30– 5:30 <b>Volley ball prac- tice</b> 13-17	3:00- 4:00 <b>Basketball Skills/</b> <b>Drills</b> 13-17	4:30- 5:30 <b>Volley ball practice</b> 13-17	3:00—4:00 <b>Basketball Skills/</b> <b>Drills</b> (youth)	
4:00pm—5:00 <b>Sports skills and</b> drills (youth)	5:30pm—6:30 <b>Volleyball prac-</b> <b>tice</b> 8-12	4:00pm—5:00 <b>Sports skills and</b> drills (youth)	5:30pm—6:30 <b>Volleyball practice</b> 8-12 (	4:00pm—5:00 <b>Sports skills and</b> drills (youth)	*3-
5:00-7:00 <b>Open gym</b> 13-17	6:30-7:30 <b>Open gym</b> 13-17	5:00-7:00 Open gym 13-17	6:30-7:30 <b>Open gym</b> 13-17	5:00-7:00 <b>Open gym</b> <b>13-17</b>	7